

GARUDA tJKANAM,

The letters Sa, Ka, and Tha are symbolical of the energy of Shiva (ether). The rite of Ny&sa should be duly performed, and the Chaturvaktra Mantram should be psychically located by the votary inside the palms of his hands, in the soles of his feet, as well as in the cavities of his heart and ears. By meditating in this fashion a votary may achieve all kinds of success. First imagine a yellow coloured quadrangle as symbolical of the Earth, of which Indra is the presiding deity. At the centre of this quadrangle should be contemplated the ring of Varuna, at the centre of which is the mystic, translucent lotus upon which the half moon sheds its cool, turquoise-blue beams. Around this should be imagined as transcribed the triangular Mandalam of fire, crossed by a Svastika mark (cross) and burning with the effulgence of primordial fire. Around this should be imagined the circle of Vfyu, sable coloured like the inside of a cut bar of black antimony, and impressed with the mark of the occult Vindu. Encircling this ring of VAYu should be imagined the Vyoma-Mandalam, dreadful in its infinite vastness, lying effulgent and motionless like the ocean of milk (Kshira), or like a sea of molten crystal. The celestial serpents Vdsuki and Shankhapila should be imagined as residing in the quadrangle of the earth ; Karkata and Padma-Nabha, in the ring of Varuna; Kalika, in the Mandalam of fire; and Takshaka and Mahivjaka, in the ring

of air. The material principles of earth, water, etc., should be imagined by the votary as located in his fingers, starting with the thumb and ending with the small finger, botli in the usual and inverse order of enumeration* Likewise, the Jayi and Vijyayi Mantras should be located in the bone-joints, the Shiva-Shadanga Mantram in the cavity of the mouth; and the Hrid Mantra in the arms and the tuft of hair on the crown of the head, and the Vy&pakam.in the phalangesof fingers. The rite of Bhutanyisa should be performed with the Shivanga Mantras preceded by "Orn" and followed *by*